

Certificate Program on Mandadalumat / Indigenous Filipino Spiritual Healer

Course Description

The **Certificate Program on Mandadalumat / Indigenous Filipino Spiritual Healer** is an advanced, master-level curriculum designed for practitioners called to heal the deep-seated fractures of the human psyche, the unseen spirit world, and the collective community. In the Filipino tradition, a *Mandadalumat* is a profound conceptualizer and philosopher of the spirit—one who understands the invisible energetic laws that govern health, disharmony, and cosmic balance. This specialized program trains healers to diagnose and treat complex mental and emotional distress, recognizing that psychological suffering is intimately linked to spiritual, ancestral, and communal disharmony.

Students will gain deep theoretical and practical mastery over traditional Filipino metaphysical syndromes, learning to treat individual spiritual illnesses such as *Usog*, *Bati*, *Kulam*, *Dalaw*, *Tawag*, *Laro*, and *Tuwa* (*Nakatuwaan*). Expanding beyond individual care, the curriculum addresses collective, societal, and communal illnesses—including chronic communal bad luck, localized disharmony, and land-based trauma. To resolve these macro-level afflictions, students will learn the sacred architecture of setting up *Altar* (sacred spaces) and *Spirit Houses* to appease and harmonize with the local *Engkanto* and nature guardians.

The program provides rigorous initiation into high-level ancestral arts: **Kilubansa** (indigenous constitutional and personality typing), **Siadtala** (ancestral astrological and elemental mapping), and **Baybayin Mystic Oracle** (script-based divination and cosmic diagnostics). Furthermore, practitioners will master **Oracion** (sacred therapeutic communication and spoken-word formulas) and the execution of potent rituals, including **Pagpag/Taboy** (exorcism and banishing ceremonies), **Panghalina** (attraction, harmony, and prosperity rituals), and **Pauli/Dampi** (soul-retrieval, grounding, and delicate energetic realignment). Graduates of this program will emerge not just as clinical practitioners, but as spiritual philosophers, community anchors, and living bridges to pre-colonial Filipino metaphysics.

Course Objectives

The primary objective of this program is to initiate, educate, and empower advanced spiritual practitioners to serve as holistic mental, emotional, and metaphysical anchors for their communities. The program aims to:

1. **Deconstruct Metaphysical Mechanics:** Cultivate a deep, philosophical (*dalamat*) understanding of the unseen laws governing human consciousness, spiritual architecture, and energetic warfare.
2. **Train in Macro-Level Communal Healing:** Equip healers with the tools to diagnose social, systemic, and environmental trauma, utilizing structural spiritual interventions like Altars and Spirit Houses to restore peace to land and community.
3. **Master Ancient Divination & Diagnostics:** Provide expert-level instruction in *Kilubansa*, *Siadtala*, and the *Baybayin Mystic Oracle* to decipher a patient's cosmic blueprint and root causes of suffering.
4. **Harness the Power of Spoken Metaphysics:** Standardize the ethical, safe, and powerful application of *Oracion* as a tool for therapeutic communication, psychic restructuring, and spiritual command.
5. **Preserve Sacred Ritual Protocols:** Standardize the execution of complex ancestral ceremonies (*Pagpag*, *Taboy*, *Panghalina*, *Pauli*, *Dampi*) with strict adherence to spiritual hygiene, safety, and ancestral lineage protection.

Learning Outcomes

Upon successful completion of this master-level certificate program, graduates will be able to demonstrate the following core competencies:

I. Metaphysical Philosophy & Psychological Healing (*Dalamat ng Diwa*)

- **CLO 1:** Diagnose and treat complex **Mental and Emotional Illnesses** by identifying their underlying spiritual, ancestral, or elemental roots.
- **CLO 2:** Analyze and intervene in **Societal and Communal Illnesses**, formulating ritual strategies to clear collective bad luck, historical land trauma, or neighborhood disharmony.

- **CLO 3:** Systematically identify, differentiate, and resolve traditional **Metaphysical Syndromes**, including *Usog* and *Bati* (psychic energy transfers), *Kulam* (intentional hexes), *Dalaw* and *Tawag* (ancestral/spirit visitations and callings), and *Laro* and *Tuwa* (infractions caused by playing or interacting with nature spirits).

II. Sacred Space Architecture & Environmental Harmony

- **CLO 4:** Design, construct, and consecrate traditional **Altars and Spirit Houses** to establish localized focal points for spiritual communication, protection, and elemental appeasement.
- **CLO 5:** Negotiate and harmonize relations between human communities and the localized *Engkanto*, *Duwende*, or *Tagalugar* to resolve environmental illnesses and balance land energies.

III. Ancestral Mysticism, Divination, & Esoteric Diagnostics

- **CLO 6:** Apply the principles of **Kilubansa** to map a patient's spiritual constitution, character traits, and baseline elemental energy for targeted psychological counseling.
- **CLO 7:** Map a patient's energetic path using **Siadtala**, interpreting cosmic alignments and seasonal shifts to predict, prevent, or treat spiritual crises.
- **CLO 8:** Utilize the **Baybayin Mystic Oracle** fluently as an abstract diagnostic medium to uncover hidden psychological truths, blockages, and ancestral messages.

IV. Oracion & Ritual Mastery (*Ritwal at Pananalita*)

- **CLO 9:** Compose and chant **Oracion** with precise phonetic, vibrational, and intentional control, utilizing it as a form of advanced therapeutic communication to shift a patient's psycho-spiritual state.
- **CLO 10:** Execute **Pagpag and Taboy** rituals safely to banish malevolent entities, cast out parasitic energies, and cleanse a patient or location of severe spiritual pollution.

- **CLO 11:** Perform **Panghalina** ceremonies to magnetize blessing, restore communal harmony, heal broken family dynamics, and invite prosperity into stagnant spaces.
- **CLO 12:** Master the delicate arts of **Pauli and Dampi**, executing soul-retrieval protocols to recall shattered fragments of consciousness from trauma, while applying light energetic sweeps to ground and stabilize the patient's spirit.

Conferment of Title

Upon successful completion of all prescribed learning outcomes, clinical masteries, and sacred initiations of this program, the candidate shall be formally conferred the title of **Certified Mandadalumat / Indigenous Filipino Spiritual Healer**.

This master-level professional and sacred designation signifies that the graduate has demonstrated profound philosophical insight, impeccable ethical maturity, and unparalleled mastery over the mental, emotional, and metaphysical healing systems of the Philippines. The conferral confirms the practitioner's official recognition by Hilot Academy as an advanced custodian of ancestral metaphysics, certifying their clinical and spiritual readiness to stabilize individual psyches, heal communal spaces, command the spoken word (*oracion*), and maintain the sacred balance between the visible world and the unseen realms of the ancestors and spirits.

12-Month Modular Lesson Plan: Certificate Program on Mandadalumat / Indigenous Filipino Spiritual Healer

Module 1 (Month 1): The Dalumat of Diwa – Foundations of Indigenous Metaphysics

- **Focus:** Introduction to the Mandadalumat calling, pre-colonial concepts of human consciousness, and how the fractures of the human psyche map onto spiritual illness.
- **Theoretical Core:** The architecture of the Filipino soul; deconstructing the connection between individual mental-emotional suffering and systemic, ancestral, or cosmic disharmony.
- **Practical Mastery:** Establishing your digital classroom baseline; setting up a dedicated space for regular live sync gatherings.
- **Self-Paced Exercise:** The Personal *Diwa* Inventory. Chart your own emotional and psychological history through a spiritual lens, identifying areas of past trauma or unbalance.

Module 2 (Month 2): Psychic Energy Transfers – The Mechanics of Usog and Bati

- **Focus:** Analyzing the metaphysical syndromes of *Usog* and *Bati*, focusing on unintentional psychic disruptions to an individual's emotional and mental state.
- **Theoretical Core:** The physics of heavy energy transmission; how strong physical presence, heavy glances, or spoken greetings drop weak energy fields into psychological or physical distress.
- **Practical Mastery:** The *Pag-aalay/Halad* as preventative medicine—crafting basic elemental barriers to intercept raw psychic shifts.
- **Self-Paced Exercise:** Document a historical family account of *Usog* or *Bati*. Map out the symptom timeline from psychological distress to physical manifestations.

Module 3 (Month 3): Spirit Infractions – The Dynamics of Laro and Tuwa

- **Focus:** Navigating cross-realm friction caused by *Laro* (playing) or *Tuwa* (interaction/amusement) with nature spirits.
- **Theoretical Core:** Understanding environmental etiquette; how crossing territories or irritating local *Duwende*, *Engkanto*, or *Tagalugar* creates severe emotional withdrawal or mental fixation.
- **Practical Mastery:** Initiating *Paalam* and *Atang* (sacred food offerings) to pacify environmental boundary crossings.
- **Self-Paced Exercise:** Perform a diagnostic audit of a localized outdoor area. Identify potential hotspots where human activity intersects with spiritual domains.

Module 4 (Month 4): Astral Encounters – Managing Dalaw and Tawag

- **Focus:** Differentiating between *Dalaw* (ancestral visitations) and *Tawag* (spiritual calling or crisis).
- **Theoretical Core:** The mechanics of dream states, sleep paralysis, and spontaneous psychic awakenings that present as mental illness or clinical depression.
- **Practical Mastery:** Designing an ancestral remembrance protocol using basic *Halad* (offerings) to guide lost family consciousnesses out of the client's psychic field.
- **Self-Paced Exercise:** Maintain a 30-day dream journal, analyzing the entries using ancestral symbols to screen for spiritual visitations or vocational callings.

Module 5 (Month 5): Dark Intentions – Deconstructing Kulam

- **Focus:** The anatomy of targeted sorcery, malicious hexes, and intentional metaphysical blockages (*Kulam*).
- **Theoretical Core:** How external, concentrated malice binds the client's willpower, producing severe psychiatric symptoms, sudden emotional panic, or extreme isolation.

- **Practical Mastery:** Defensive diagnostics—identifying if mental health decline is natural (*likas*) or targeted spiritual warfare (*sakit sa gawa*).
- **Self-Paced Exercise:** Build an objective diagnostic matrix that safely distinguishes a psychological clinical crisis from an active energetic intrusion.

Module 6 (Month 6): Macro-Level Afflictions – Communal and Land-Based Trauma

- **Focus:** Expanding diagnostic eyes beyond the individual to social, systemic, and environmental trauma affecting whole communities.
- **Theoretical Core:** How historical land atrocities, continuous bad luck, or local arguments create localized "heavy air" (*singaw ng lupa*) that clouds the collective community's mental well-being.
- **Practical Mastery:** Introduction to macro-level containment strategies; identifying cross-sections for land re-balancing.
- **Self-Paced Exercise:** Trace the history of a specific location in your community experiencing chronic misfortune or recurring conflict, mapping out its structural or environmental timeline.

Module 7 (Month 7): Sacred Architecture – The Altar Setup and Spirit Houses

- **Focus:** The construction, placement, and consecration of traditional *Altar* structures and Spirit Houses.
- **Theoretical Core:** Establishing spiritual portals; how anchoring a physical vortex balances localized environmental illness and provides a point for continuous ancestral protection.
- **Practical Mastery:** Constructing your home Altar; calculating energetic orientations for specific elements.
- **Self-Paced Exercise:** Record a step-by-step video setup of your consecrated *Altar* space, detailing the choice, positioning, and symbolic alignment of every natural item used.

Module 8 (Month 8): Kilubansa and Siadtala – Ancestral Astrology and Constitution Mapping

- **Focus:** Mastering *Kilubansa* (personality and elemental typing) and *Siadtala* (astrological mapping).
- **Theoretical Core:** Reading the original cosmic contract; how planetary positions and seasonal transitions affect an individual's *bisa* (potency) and produce acute spiritual crises.
- **Practical Mastery:** Constructing a comprehensive *Kilubansa* baseline map to support targeted psychological counseling.
- **Self-Paced Exercise:** Create a complete *Kilubansa* and *Siadtala* chart for an individual, explaining their primary elemental dominance or deficiency.

Module 9 (Month 9): The Baybayin Mystic Oracle – Abstract Diagnostic Divination

- **Focus:** Using pre-colonial script formatting as an advanced abstract diagnostic medium.
- **Theoretical Core:** The linguistic bridge to the collective unconscious; utilizing *Baybayin* characters to unlock hidden psychological truths, emotional defense walls, and deep ancestral blockages.
- **Practical Mastery:** Casting, reading, and deciphering *Baybayin* diagnostic arrays on camera.
- **Self-Paced Exercise:** Conduct three separate diagnostic oracle readings on mock clients, carefully documenting your readings and interpretations.

Module 10 (Month 10): Spoken Metaphysics – The Application of Oracion

- **Focus:** The ethical formulation, phonetic rhythm, and projection of *Oracion* (sacred spoken-word formulas).
- **Theoretical Core:** Sound as a structural force; how specific vocal frequencies and direct intentions rewrite a patient's psycho-spiritual state or command immediate energetic borders.

- **Practical Mastery:** Vocal tuning, phonetic control, and the safe internalizing of sacred chants without ego-inflation.
- **Self-Paced Exercise:** Record an audio presentation demonstrating precise vibrational management and breath suspension while chanting a protective *Oracion*.

Module 11 (Month 11): Exorcism and Magnetism – Pagpag, Taboy, and Panghalina Protocols

- **Focus:** Executing deep energetic sweeping, banishing, and drawing ceremonies.
- **Theoretical Core:** The dynamics of force; *Pagpag* and *Taboy* to aggressively remove parasitic entities or cast out severe spiritual pollution, balanced by *Panghalina* to pull back sweet, harmonizing, and prosperous currents into broken family structures.
- **Practical Mastery:** Safety and spiritual hygiene boundaries before, during, and after executing high-intensity banishments.
- **Self-Paced Exercise:** Submit a comprehensive ritual layout demonstrating your technical mastery of tool sterilization, spatial boundaries, and safety steps for a complete *Pagpag/Taboy* execution.

Module 12 (Month 12): Consciousness Restoration – The Art of Pauli and Dampi

- **Focus:** Soul-retrieval, delicate stabilization, and final master integration.
- **Theoretical Core:** *Pauli* (recalling shattered fragments of consciousness lost to shock, trauma, or abuse) and *Dampi* (applying gentle, grounding energetic strokes to stabilize the newly integrated spirit).
- **Practical Mastery:** The 3-hour live online practicum simulating a complete intake interview, diagnostic oracle reading, and restorative ritual mapping.
- **Self-Paced Exercise:** Construct your final technical portfolio video demonstrating a full *Pauli* and *Dampi* session, followed by an oral defense during your final live moon sync.

Course Grading System (12-Month Framework)

To balance academic analysis, practical ritual precision, and the immense ethical standard required of a master-level practitioner, the final grade evaluation is split across five distinct areas:

MANDADALUMAT EVALUATION MATRIX	
[30%] Asynchronous Digital Portfolios & Logs	
[25%] Video Ritual Return Demonstrations	
[20%] Live Google Meet Interventions & Syncs	
[15%] Theoretical Written Exams & Quizzes	
[10%] Lineage Ethics & Spiritual Hygiene	

1. Asynchronous Digital Portfolios & Logs — 30%

Students maintain a continuous multimedia learning archive across Google Classroom.

- **Monthly Case Analysis (15%):** Writing detailed spiritual diagnostic breakdowns for various individual and communal illnesses.
- **Diagnostic Mapping Logs (15%):** Uploading accurate *Kilubansa*, *Siadtala*, and *Baybayin* diagnostic charts generated during practical assignments.

2. Video Ritual Return Demonstrations — 25%

Technical grading of physical actions uploaded via high-definition video files.

- **Spatial Architecture (10%):** Correct building, directional alignment, and clean setup of the *Altar* and Spirit House environments.

- **Ritual Flow & Execution (15%):** Precision in tool handling, phonetics of *Oracion*, and step-by-step execution safety during *Pagpag/Taboy*, *Panghalina*, and *Pauli/Dampi* simulations.

3. Live Google Meet Interventions & Syncs — 20%

Real-time evaluation during monthly synchronous video calls.

- **Oral Defense & Discourse (10%):** Defending diagnostic choices, explaining root-cause formulations, and showing philosophical clarity on the unseen laws of disharmony.
- **Live Oracle Casting (10%):** Demonstrating live, unassisted diagnostic reads using the *Baybayin Mystic Oracle* during evaluation periods.

4. Theoretical Written Exams & Quizzes — 15%

- **Modular Quizzes (5%):** Asynchronous monthly knowledge checks covering traditional terminology and cultural contexts.
- **Comprehensive Final Exam (10%):** A final written milestone assessing deep structural knowledge of the pre-colonial worldview and diagnostic matrices.

5. Lineage Ethics & Spiritual Hygiene — 10%

- **Practitioner Demeanor (5%):** Commitment to *Kapwa* ethics, lack of commercial exploitation, and respect for community healing spaces.
- **Spiritual Hygiene Boundaries (5%):** Strict execution of personal protection steps before and after engaging with deep energetic fractures or *Kulam* diagnoses.

⚠ **Critical Academic Rule:** Due to the master-level clinical and energetic nature of this training, a **minimum score of 85% in Ritual Demonstrations** and **100% compliance in Lineage Ethics / Safety Boundaries** is required to earn the professional title of *Certified Mandadalumat / Indigenous Filipino Spiritual Healer*.

SCHEDULE OF FEE

Item	Price	Duration	Total
Venue	600	12	Php 7,200.00
Learning Materials and Certificate	500	12	Php 6,000.00
Lakay	2000	12	Php 24,000.00
Apu	2500	12	Php 30,000.00
Total	5600	12	67,200.00

Enrollment and Payment Policy: Certificate Program on Albulario / Mananambal / Indigenous Filipino Herbalist

1. General Principles and Total Investment

To preserve, professionalize, and maintain the sacred integrity of the pre-colonial spiritual lineage, the Hilot Academy enforces a strict financial and administrative framework. Because this certification spans a comprehensive 12-month modular structure requiring continuous long-term digital administration, material logistics, and year-long instructional oversight by traditional masters (*Lakay* and *Apu*), structural financial commitment is mandatory.

The baseline all-inclusive program fee for the 12-month curriculum is **Php 67,200.00**. This fee covers modular digital learning infrastructure, shipped physical learning materials, official title certification processing, and regular live synchronous expert instruction. However, students who commit to settling their tuition in full upfront are eligible for a special institutional discount.

2. Mandatory Registration Deposit (Milestone 1)

To anchor a student's commitment and secure a digital seat in the upcoming cohort, a non-refundable entry deposit is required across all payment tracks.

- **Combined Reservation & Downpayment Fee: Php 13,440.00** (Equivalent to exactly 20% of the baseline Php 67,200.00 program tuition).

- **Due Date:** Must be cleared upon registration and no later than five (5) working days before the Module 1 New Moon Orientation begins.
- **Condition:** This 20% downpayment is strictly **non-refundable and non-transferable**. It legally locks in the student's structural placement, blocks other applicants from taking that limited cohort seat, and immediately funds the upfront processing of custom learning kits and online systems deployment. It is fully deducted from the total program fee.

3. Flexible Payment Track Options (Milestone 2)

Upon clearing the initial 20% registration downpayment, students must choose one of the following payment terms to settle their remaining balance.

Track A: Full Upfront Payment Plan (10% Discounted Track)

Designed to reward students who simplify academy accounting by removing 12 months of individual transaction tracking.

- **Total Incentivized Tuition: Php 60,480.00** (*A 10% discount of Php 6,720.00 applied to the baseline fee*).
- **Remaining Balance Due: Php 47,040.00** (*Total discounted tuition minus the initial 20% deposit*).
- **Payment Deadline:** Due in full on or before Day 1 of Module 1 before instructional access and the New Moon Orientation begin.

Track B: Monthly Installment Plan (Standard Fee Track)

Designed to lower barriers to entry by matching the 12-month modular rollout plan sequentially.

- **Remaining Balance Due: Php 53,760.00** (*Baseline tuition minus the initial 20% deposit*).
- **Installment Amount: Php 4,480.00 per month** (Php 53,760.00 balance divided by 12 months).
- **Payment Deadline:** Due on or before the **1st day of every calendar month** (prior to entering Modules 1 through 12).

Track C: Quarterly Installment Plan (Standard Fee Track)

A balanced mid-tier payment schedule grouped by curriculum quarters.

- **Remaining Balance Due: Php 53,760.00** (*Baseline tuition minus the initial 20% deposit*).
- **Installment Amount: Php 13,440.00 per quarter** (Php 53,760.00 balance divided by 4 quarters).
- **Payment Schedule:**
 - **Quarter 1:** Due on Day 1 of Module 1.
 - **Quarter 2:** Due on Day 1 of Module 4.
 - **Quarter 3:** Due on Day 1 of Module 7.
 - **Quarter 4:** Due on Day 1 of Module 10.

4. Automated Operational Safeguards and Delinquency

To protect the academy's intellectual property and respect the continuous monitoring hours provided by the *Lakay* and *Apu*, a strict pay-to-unlock digital protocol is enforced:

- **The Pay-to-Unlock Rule:** For installment tracks, access to the learning management platform, asynchronous video presentations, reading materials, monthly live video synchronization sessions, and instructor portfolio grading will be hard-locked if the corresponding monthly or quarterly payment is not cleared by the due date.
- **Suspension Handling:** If an installment student fails to pay on time, their course progression is automatically frozen. Access will only resume once the account is brought back into good standing.
- **Zero-Balance Graduation Checkpoint:** Mirroring strict academic evaluation rules, a student across *any* track (including installment and discounted plans) cannot undergo their Module 12 final oral defense, submit their final talismanic technical video, or be conferred the title of *Certified Albularyo* until their student account has reached an absolute **Zero-Balance status**.

5. Cancellation, No-Show, and Refund Policy

Because the academy triggers immediate financial and resource commitments to secure expert instructors (*Lakay* and *Apu*) and distribute institutional tools over a rigid calendar timeline, the following policies apply without exception:

- **Cancellation and No-Show Forfeiture:** If an enrolled student fails to appear online for the Module 1 New Moon Orientation or fails to log into the system without giving formal notice, their entire 20% downpayment (Php 13,440.00) is permanently forfeited to cover unrecoverable administrative setup costs.
- **Mid-Course Voluntary Withdrawal (All Tracks):** Once access to the modular materials is granted, **no partial, prorated, or full cash refunds** will be issued if a student chooses to drop out, cancel, or pause their studies midway through the year-long track (e.g., during Module 5 or Module 8). This applies strictly to full upfront payees as well, as they received a steep financial discount on the condition of an unbroken academic commitment.
- **One-Time Deferment Alternative:** If a catastrophic emergency or force majeure occurs, the student must notify the administration in writing. Fees remain non-refundable, but the academy will freeze the student's status, allowing them to carry over their completed credits and financial balances to join the next incoming cohort within a strict 12-month period. Failure to rejoin the subsequent cohort results in permanent financial forfeiture.

Student Declaration and Agreement Acknowledgment

During physical or digital onboarding, students must check the acknowledgment box or sign the declaration below before the 20% deposit can be processed:

STUDENT DECLARATION & ACKNOWLEDGMENT OF TERMS *"I

hereby apply for professional certification in the Certificate Program on Albulario / Mananambal / Indigenous Filipino Herbalist. I verify that I understand the financial structures outlined above, noting the baseline tuition of Php 67,200.00 and the discounted upfront option of Php 60,480.00. I explicitly acknowledge that the initial 20% Confirmation Downpayment (Php 13,440.00) is strictly non-refundable under any circumstances of cancellation or withdrawal.

I agree to strictly fulfill my chosen payment track (Full Upfront / Monthly Installments / Quarterly Installments) and understand that choosing an installment plan means any failure to pay on time will result in an immediate digital lock on my modular learning materials and live sync access. Furthermore, I accept that regardless of my chosen track, my graduation, final portfolio grading, and official title conferral are completely contingent upon achieving an absolute Zero-Balance account status by Module 12. By submitting my registration payment, I willingly accept all financial, cancellation, and installment policies outlined above."*