

Certificate Program on Albularyo / Mananambal / Indigenous Filipino Herbalist

Course Description

The **Certificate Program on Albularyo / Mananambal / Indigenous Filipino Herbalist** is a sacred, immersive curriculum designed for practitioners called to walk the path of the ancestral, spirit-directed Filipino healing arts. Rooted deeply in pre-colonial animist philosophy and the *Binabaylan* lineage, this program centers on the "old ways" of medicine-making, where the identification and application of healing plants are determined through intuition, direct spirit channeling, dreams, and orally transmitted ancestral wisdom.

Students will be trained as earth stewards, mastering the complex cosmic and earthly cycles that dictate the spiritual potency (*bisa*) of wild, native flora. The curriculum contrasts traditional gathering ethics—grounded in *kapwa* (shared identity), reciprocity, and respect for nature spirits (*diwata* and *tagalugar*)—with modern commercialism. Participants will study the precise timing of harvest based on lunar phases, the liturgical calendar (such as the *Pangalap* traditions), and environmental signs. The training covers the energetic preservation and storage of wildcraft, alongside the compounding of traditional remedies for both physical pathogens (*likas na sakit*) and spiritual/metaphysical afflictions (*sakit sa gawa*). Furthermore, the course provides deep, ethnographically respectful instruction in esoteric folk traditions, including the dynamics of *Gayuma* (affection/attraction energies) and the crafting, charging, and activation of *Anting-anting* (amulets), *Birtud* (charms), and *Mutya* (talismans). This program bridges the physical earth with the unseen spirit world, producing practitioners who serve as living custodians of indigenous Filipino cosmic balance.

Course Objectives

The primary objective of this program is to initiate and train safe, ethical, and spirit-aligned traditional practitioners who carry the ancestral lineage into the modern world. The program aims to:

1. **Awaken Intuitive & Spiritual Faculties:** Cultivate the student's innate capacity to channel spirit guides (*abyan* or *gabay*), interpret diagnostic dreams, and intuitively listen to the consciousness of plants.
2. **Foster Earth Stewardship & Reciprocity:** Deepen the practitioner's relationship with the land, establishing a lifestyle of conservation, ecological protection, and respectful communication with nature spirits.
3. **Preserve Esoteric Knowledge Systems:** Document and transmit the authentic folk traditions of medicine-making, talismanic art (*anting-anting*), and energy direction (*gayuma*) without stripping them of their spiritual sovereignty.
4. **Define Sacred Ethics vs. Commercialism:** Establish strict ethical standard boundaries that prioritize communal healing, *kapwa* ethics, and spiritual integrity over commercial monetization and mass exploitation.

Learning Outcomes

Upon successful completion of this certificate program, graduates will be able to demonstrate the following core competencies:

I. Ancestral Philosophy and Earth Stewardship

- **CLO 1:** Articulate and live by the foundational **Albularyo philosophy**, treating plants as living, spiritual entities possessing *bisa* (vital potency) rather than mere chemical delivery systems.
- **CLO 2:** Demonstrate active **Earth Stewardship** by applying indigenous conservation principles that ensure the protection, propagation, and survival of wild and native medicinal plants.
- **CLO 3:** Navigate the tension between **Sacred Gathering Ethics vs. Commercialism**, defending the practice of small-batch, ritual-first

medicine-making against the extractive nature of commercial mass production.

II. Intuitive Gathering, Timing, and Wildcrafting

- **CLO 4:** Access **Intuitive and Channeled Wisdom** through ritual, prayer (*orasyon*), and meditation to determine the specific herbal combinations required for unique or complex patient illnesses.
- **CLO 5:** Synchronize harvesting with **The Right Time and Season**, executing wildcrafting protocols aligned with specific lunar phases, planetary hours, and ancestral calendar days (such as the Good Friday *Pangalap*).
- **CLO 6:** Execute traditional **Spiritual Harvesting Protocols**, including *pag-aalay* (offerings) and *paalam* (asking formal permission from the *engkanto* or spiritual guardians of the land) before cutting any plant material.

III. Traditional Medicine Making and Storage

- **CLO 7:** Identify, harvest, and process **Wild and Natural Herbs** in their native habitats, distinguishing them from cultivated variants in terms of environmental energy and potency.
- **CLO 8:** Apply traditional methods for **Storing Herbs** (such as specialized drying, hanging, and containment) that protect both the physical material and the trapped spiritual essence (*bisa*) of the plant.
- **CLO 9:** Compound **Traditional Herbal Preparations** (such as *panyos*, *langis*, *dekoksyons*, and *tapal*) specifically formulated to counteract physical pathologies (*likas na sakit*).
- **CLO 10:** Compound and ritualize **Traditional Spiritual Remedies** designed to cleanse, exorcise, or shield patients suffering from metaphysical ailments (*sakit sa gawa*, *na-buyag*, *na-engkanto*, or *kulam*).

IV. Folk Traditions, Amulets, and Esoteric Arts

- **CLO 11:** Understand and safely navigate the folk traditions of **Gayuma**, analyzing the spiritual boundaries, karmic laws, and energetic mechanics of attraction and affection formulas.
- **CLO 12:** Manufacture, consecrate, and spiritually activate **Amulets, Charms, and Talismans** (*anting-anting, birtud, mutya, and panyo na may orasyon*), using metal, wood, stones, or script to provide spiritual protection, luck, or physical fortification for the wearer.

Conferment of Title

Upon successful completion of all prescribed learning outcomes, ceremonial initiations, and ancestral competency reviews of this program, the candidate shall be formally conferred the title of **Certified Albularyo, Mananambal, and Indigenous Filipino Herbalist**.

This sacred and professional designation signifies that the graduate has demonstrated deep intuitive alignment, spiritual maturity, and comprehensive mastery of traditional Filipino medicine-making, earth stewardship, and esoteric folk practices. The conferral confirms the practitioner's official recognition by Hilot Academy as a qualified custodian of the old ways, certifying their ethical readiness to serve their community (*kapwa*), heal both physical and spiritual afflictions, and preserve the pre-colonial spiritual lineage of the Philippines.

12-Month Modular Lesson Plan

Module 1 (Month 1): The Calling, Animist Philosophy, and Land Attachment

- **Focus:** Redefining the *Albularyo* calling, understanding *Bisa* (potency), and initiating a relationship with the student's local ecosystem.
-  **Reading Material:** *Introduction to Pre-Colonial Animism: Plants as Living Entities possessing Bisa. Sacred Gathering Ethics vs. Commercial Mass Production.*
-  **Video Presentation:** "The Ethics of Kapwa and Reciprocity: Communicating with the Nature Spirits (*Diwata* and *Tagalugar*) of Your Region".
-  **Video Conferencing (Live Sync): The New Moon Orientation.** Dedicating the year-long journey and defining individual geographic and energetic baselines.
-  **Self-Paced Exercise: The Land Attachment Walk.** Explore your immediate community, identify the geographic markers of the land, and choose a specific outdoor space to commune with across the 12 months.

Module 2 (Month 2): Soil Alchemy and Curing in Urban & Rural Environments

- **Focus:** Sourcing, mixing, and curing living soil to house sacred medicine.
-  **Reading Material:** *Traditional Soil Science: Microorganisms, Leaf Mold, and the Energetics of Earth/Lupa.*
-  **Video Presentation:** "Crafting Your Medium: Step-by-Step Soil Composition for City Dwellers and Rural Practitioners."
-  **Video Conferencing (Live Sync):** Troubleshooting regional soil issues (acidity, compaction, contamination) and the spiritual significance of the Earth element.

- 🌱 **Self-Paced Exercise: The Soil Curing Ritual.** Gather local earth or organic matter, construct your living soil mix, and begin the multi-week curing process (resting and conditioning) before any planting takes place.

Module 3 (Month 3): Ancestral Propagations – Seeds and the New Moon

- **Focus:** Working with seed energies and early germination under the influence of the waxing moon.
- 📖 **Reading Material:** *The Metaphysics of the Seed: Latent Potential and Early Waxing Lunar Dynamics.*
- 🎥 **Video Presentation:** "Traditional Germination: Encouraging Native and Wild Varieties from Seed."
- 💻 **Video Conferencing (Live Sync):** Interactive review of germination timelines and sharing seed-sourcing stories within the student network.
- 🌱 **Self-Paced Exercise:** Plant your selected medicinal seeds into your cured soil specifically during the waxing phase of Month 3's lunar cycle, documenting the initial sprouts.

Module 4 (Month 4): Structural Propagation – Stem Cuttings and Root Magic

- **Focus:** Regenerating life from structural elements and understanding plant lineages through stem cuttings (*Pagtatanim sa Pamamagitan ng Putol*).
- 📖 **Reading Material:** *Asexual Plant Propagation: Tapping into Existing Plant Memory and Strength.*
- 🎥 **Video Presentation:** "The Clean Cut: Sourcing and Preparing Stem Cuttings for Rapid Rooting."
- 💻 **Video Conferencing (Live Sync):** Live technical review of cutting angles, node selections, and water/soil rooting mediums.
- 🌱 **Self-Paced Exercise:** Successfully source, cut, and propagate at least one healing herb via a stem cutting, integrating it into your growing medicinal garden.

Module 5 (Month 5): Mapping the Local Wildcraft – Community Plant ID

- **Focus:** Cataloging wild, native flora growing naturally outside of cultivation.
-  **Reading Material:** *Wildcrafting Economics: Distinguishing Wild Volatility and High Energy from Cultivated Variants.*
-  **Video Presentation:** "Weeds as Medicine: Spotting Healing Elements in Cracks, Fields, and Forests."
-  **Video Conferencing (Live Sync):** Digital show-and-tell where students share images of local wild plants for collective botanical and traditional identification.
-  **Self-Paced Exercise:** Document, photograph, and identify three distinct wild medicinal herbs growing naturally within a 1-kilometer radius of your home.

Module 6 (Month 6): Solar and Seasonal Cycles – The Midyear Highs

- **Focus:** Attuning to the position of the sun, planetary hours, and the peak energetic seasons of the year.
-  **Reading Material:** *Solar Radiance and Thermal Dynamics in Philippine Folk Medicine: Directing Heat and Fire Elements.*
-  **Video Presentation:** "Planetary Hours and Solar Transitions: Calculating the Optimum Time of Day for Harvesting High-Potency Leaves."
-  **Video Conferencing (Live Sync): The Solstice/Equinox Alignment Session.** Group calculation of solar charts based on students' coordinates.
-  **Self-Paced Exercise:** Track your garden or local wild plants for a week, mapping out exactly how solar exposure changes their aroma, posture, and vital energy (*bisa*) at dawn, noon, and dusk.

Module 7 (Month 7): Spiritual Harvesting and the Liturgical/Ancestral Calendars

- **Focus:** Executing deep spiritual protocols and understanding historical gathering days like the *Pangalap* traditions.
-  **Reading Material:** *The Eclectic Calendar: Syncretism, Good Friday Pangalap Traditions, and Cosmic Portals*.
-  **Video Presentation:** "The Language of Permission: Executing Pag-aalay (Offerings) and Paalam to the Engkanto and Spiritual Guardians".
-  **Video Conferencing (Live Sync):** Group recitation, tuning, and phonetic practice of traditional gathering *orasyon* (prayers/incantations).
-  **Self-Paced Exercise: The Ritualized Harvest Video.** Record a short, respectful video of yourself executing a complete *paalam* protocol, presenting an offering, and clipping a medicinal herb during a calculated auspicious calendar hour.

Module 8 (Month 8): Herbal Architecture – Post-Harvest Preservation and Storage

- **Focus:** Preserving both the physical matter and the trapped spiritual essence (*bisa*) of gathered materials.
-  **Reading Material:** *The Physics of Drying: Preventing Mold While Maintaining Light and Air Integrity*.
-  **Video Presentation:** "Traditional Air Drying, Hanging, and Creating Light-Tight Ceramic and Glass Storage Vessels to Trap Botanical Essence".
-  **Video Conferencing (Live Sync):** Review of student storage setups, moisture checks, and preventing degradation of active small-batch stock.
-  **Self-Paced Exercise:** Construct a traditional hanging/drying rack in your space. Harvest, clean, dry, and successfully jar a batch of herbs, verifying that its *bisa* remains pristine.

Module 9 (Month 9): Pharmacology for the Body – Compounding for Likas na Sakit

- **Focus:** Formulating physical remedies for biological illnesses.

-  **Reading Material:** *The Categories of Likas na Sakit (Physical Pathogens) and Corresponding Plant Action Profiles.*
-  **Video Presentation:** "The Practical Apothecary: Brewing Infusions, Compounding Poultices (*Tapal*), and Crafting Medicated Liniments (*Langis*)".
-  **Video Conferencing (Live Sync):** Live interactive brewing session where students prepare a decoction simultaneously on camera, comparing extraction rates and aromas.
-  **Self-Paced Exercise:** Compound a physical remedy (e.g., a therapeutic oil or a structural *tapal*) using herbs you have personally grown, cured, and harvested over the previous months.

Module 10 (Month 10): Metaphysical Defense – Compounding for Sakit sa Gawa

- **Focus:** Compounding spiritual remedies for non-physical, metaphysical afflictions.
-  **Reading Material:** *The Entities of Affliction: Navigating Sakit sa Gawa, Na-buyag, Na-engkanto, and Kulam.*
-  **Video Presentation:** "Fumigation and Spiritual Washes: Compounding Esoteric Herbal Smudges, Steam, and Protective Solutions."
-  **Video Conferencing (Live Sync):** Strict ethical briefing on managing spiritual energies, client safety boundaries, and psychological grounding.
-  **Self-Paced Exercise:** Create a traditional spiritual wash or cleansing bundle designed to clear external bio-energetic waste or metaphysical blockages from a living space.

Module 11 (Month 11): Folk Arts of Attraction – The Dynamics of Gayuma

- **Focus:** Analyzing the spiritual boundaries, karmic laws, and energetic mechanics of affection formulas.

-  **Reading Material:** *Gayuma in Historical Context: Love Magic, Intention Manifestation, and the Sovereign Will.*
-  **Video Presentation:** "The Frequency of Affection: Gathering, Brewing, and Directing Energy Formulas Without Infringing on Free Will".
-  **Video Conferencing (Live Sync):** Group discussion on the karmic consequences and deep ethical boundaries of manipulating attraction energies.
-  **Self-Paced Exercise:** Brew a symbolic, ethical *Gayuma* formula aimed at expanding self-love, community harmony, or familial *Kapwa* attraction, logging the energetic shifts it brings.

Module 12 (Month 12): Talismanic Activation – Anting-anting, Birtud, and Mutya

- **Focus:** Manufacturing, consecrating, and spiritually activating physical protective elements.
-  **Reading Material:** *The Materiality of the Sacred: Using Metal, Wood, Stones, and Script as Spiritual Vessels.*
-  **Video Presentation:** "Inscribing the Secret Alphabet: Charging, Feeding, and Activating Anting-anting and Panyo na may Orasyon".
-  **Video Conferencing (Live Sync): The Full Moon Final Defense.** Live graduation circle where each student reveals their primary talisman and shares their journey.
-  **Self-Paced Exercise:** Manufacture, engrave, and ritually activate a personal protective charm (*anting-anting*, *birtud*, or inscribed *panyo*) using natural elements and a personal *orasyon*, submitting the entire process as your final technical video.

Final Conferment of Title

Upon successful compilation of the 12-Month Plant & Soil Journal, submission of all ritual videos, and passing the live oral defense during the final module, the

candidate shall be formally conferred the title of **Certified Albulario, Mananambal, and Indigenous Filipino Herbalist**.

Course Grading System (12-Month Framework)

To ensure both practical proficiency and spiritual maturity over this year-long cycle, students will be evaluated based on the following criteria:

Assessment Component	Weight	Description
12-Month Plant & Soil Journal	30%	Monthly multimedia portfolio tracking soil curing, growth, moon mapping, and local foraging.
Esoteric Ritual Practicum (Video)	20%	Correct execution of medicine preparation, <i>Gayuma</i> brewing, and <i>Anting-anting</i> activation.
Live Lunar Video Conferencing	20%	Active participation in monthly synchronous sessions timed with specific planetary or lunar alignments.
Modular Theoretical Assessments	15%	Monthly asynchronous online quizzes covering ancestral astronomy, ecology, and pharmacology.
Ethical & Earth Stewardship Alignment	15%	Assessment of <i>Kapwa</i> ethics, respect for <i>Diwata/Tagalugar</i> , and adherence to small-batch rules.

SCHEDULE OF FEE

Item	Price	Duration	Total
Venue	600	12	Php 7,200.00
Learning Materials and Certificate	500	12	Php 6,000.00
Lakay	2000	12	Php 24,000.00
Apu	2500	12	Php 30,000.00
Total	5600	12	Php 67,200.00

Enrollment and Payment Policy: Certificate Program on Albulario / Mananambal / Indigenous Filipino Herbalist

1. General Principles and Total Investment

To preserve, professionalize, and maintain the sacred integrity of the pre-colonial spiritual lineage, the Hilot Academy enforces a strict financial and administrative framework. Because this certification spans a comprehensive 12-month modular structure requiring continuous long-term digital administration, material logistics, and year-long instructional oversight by traditional masters (*Lakay* and *Apu*), structural financial commitment is mandatory.

The baseline all-inclusive program fee for the 12-month curriculum is **Php 67,200.00**. This fee covers modular digital learning infrastructure, shipped physical learning materials, official title certification processing, and regular live synchronous expert instruction. However, students who commit to settling their tuition in full upfront are eligible for a special institutional discount.

2. Mandatory Registration Deposit (Milestone 1)

To anchor a student's commitment and secure a digital seat in the upcoming cohort, a non-refundable entry deposit is required across all payment tracks.

- **Combined Reservation & Downpayment Fee: Php 13,440.00** (Equivalent to exactly 20% of the baseline Php 67,200.00 program tuition).

- **Due Date:** Must be cleared upon registration and no later than five (5) working days before the Module 1 New Moon Orientation begins.
- **Condition:** This 20% downpayment is strictly **non-refundable and non-transferable**. It legally locks in the student's structural placement, blocks other applicants from taking that limited cohort seat, and immediately funds the upfront processing of custom learning kits and online systems deployment. It is fully deducted from the total program fee.

3. Flexible Payment Track Options (Milestone 2)

Upon clearing the initial 20% registration downpayment, students must choose one of the following payment terms to settle their remaining balance.

Track A: Full Upfront Payment Plan (10% Discounted Track)

Designed to reward students who simplify academy accounting by removing 12 months of individual transaction tracking.

- **Total Incentivized Tuition: Php 60,480.00** (*A 10% discount of Php 6,720.00 applied to the baseline fee*).
- **Remaining Balance Due: Php 47,040.00** (*Total discounted tuition minus the initial 20% deposit*).
- **Payment Deadline:** Due in full on or before Day 1 of Module 1 before instructional access and the New Moon Orientation begin.

Track B: Monthly Installment Plan (Standard Fee Track)

Designed to lower barriers to entry by matching the 12-month modular rollout plan sequentially.

- **Remaining Balance Due: Php 53,760.00** (*Baseline tuition minus the initial 20% deposit*).
- **Installment Amount: Php 4,480.00 per month** (Php 53,760.00 balance divided by 12 months).
- **Payment Deadline:** Due on or before the **1st day of every calendar month** (prior to entering Modules 1 through 12).

Track C: Quarterly Installment Plan (Standard Fee Track)

A balanced mid-tier payment schedule grouped by curriculum quarters.

- **Remaining Balance Due: Php 53,760.00** (*Baseline tuition minus the initial 20% deposit*).
- **Installment Amount: Php 13,440.00 per quarter** (Php 53,760.00 balance divided by 4 quarters).
- **Payment Schedule:**
 - **Quarter 1:** Due on Day 1 of Module 1.
 - **Quarter 2:** Due on Day 1 of Module 4.
 - **Quarter 3:** Due on Day 1 of Module 7.
 - **Quarter 4:** Due on Day 1 of Module 10.

4. Automated Operational Safeguards and Delinquency

To protect the academy's intellectual property and respect the continuous monitoring hours provided by the *Lakay* and *Apu*, a strict pay-to-unlock digital protocol is enforced:

- **The Pay-to-Unlock Rule:** For installment tracks, access to the learning management platform, asynchronous video presentations, reading materials, monthly live video synchronization sessions, and instructor portfolio grading will be hard-locked if the corresponding monthly or quarterly payment is not cleared by the due date.
- **Suspension Handling:** If an installment student fails to pay on time, their course progression is automatically frozen. Access will only resume once the account is brought back into good standing.
- **Zero-Balance Graduation Checkpoint:** Mirroring strict academic evaluation rules, a student across *any* track (including installment and discounted plans) cannot undergo their Module 12 final oral defense, submit their final talismanic technical video, or be conferred the title of *Certified Albularyo* until their student account has reached an absolute **Zero-Balance status**.

5. Cancellation, No-Show, and Refund Policy

Because the academy triggers immediate financial and resource commitments to secure expert instructors (*Lakay* and *Apu*) and distribute institutional tools over a rigid calendar timeline, the following policies apply without exception:

- **Cancellation and No-Show Forfeiture:** If an enrolled student fails to appear online for the Module 1 New Moon Orientation or fails to log into the system without giving formal notice, their entire 20% downpayment (Php 13,440.00) is permanently forfeited to cover unrecoverable administrative setup costs.
- **Mid-Course Voluntary Withdrawal (All Tracks):** Once access to the modular materials is granted, **no partial, prorated, or full cash refunds** will be issued if a student chooses to drop out, cancel, or pause their studies midway through the year-long track (e.g., during Module 5 or Module 8). This applies strictly to full upfront payees as well, as they received a steep financial discount on the condition of an unbroken academic commitment.
- **One-Time Deferment Alternative:** If a catastrophic emergency or force majeure occurs, the student must notify the administration in writing. Fees remain non-refundable, but the academy will freeze the student's status, allowing them to carry over their completed credits and financial balances to join the next incoming cohort within a strict 12-month period. Failure to rejoin the subsequent cohort results in permanent financial forfeiture.

Student Declaration and Agreement Acknowledgment

During physical or digital onboarding, students must check the acknowledgment box or sign the declaration below before the 20% deposit can be processed:

STUDENT DECLARATION & ACKNOWLEDGMENT OF TERMS *"I

hereby apply for professional certification in the Certificate Program on Albulario / Mananambal / Indigenous Filipino Herbalist. I verify that I understand the financial structures outlined above, noting the baseline tuition of Php 67,200.00 and the discounted upfront option of Php 60,480.00. I explicitly acknowledge that the initial 20% Confirmation Downpayment (Php 13,440.00) is strictly non-refundable under any circumstances of cancellation or withdrawal.

I agree to strictly fulfill my chosen payment track (Full Upfront / Monthly Installments / Quarterly Installments) and understand that choosing an installment plan means any failure to pay on time will result in an immediate digital lock on my modular learning materials and live sync access. Furthermore, I accept that regardless of my chosen track, my graduation, final portfolio grading, and official title conferral are completely contingent upon achieving an absolute Zero-Balance account status by Module 12. By submitting my registration payment, I willingly accept all financial, cancellation, and installment policies outlined above."*