

CODE OF ETHICS OF MANGHIHILOT & ALBULARYO

PHILIPPINE TRADITIONAL MEDICINE

This Code of Ethics was crafted by the Members of the National Certification Committee for Hilot under PITAHC of the Department of Health in 2016.

This is a guide for Manghihilot and Albularyo in the Philippines, tenets and principles to live by as they fulfill their sacred roles as purveyors of Health and Wellness in the Philippines

Crafters of the Code

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PHILIPPINE TRADITIONAL MEDICINE

Preamble (Foundations of Hilot)

We, Manghihilot and Albularyo, are healers of our Selves, our kapwa, and Nature in accordance to the Laws of God and the Natural Law.

Human disease is caused by the incongruence of our thoughts, feelings, and actions that causes imbalance in the Elements of the physical body

To enable us to perform our noble work, we must always keep in our hearts and minds our respect and love for the Cosmos, our kapwa, and Nature.



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PHILIPPINE TRADITIONAL MEDICINE

Framework of Ethical Principles

This Code of Conduct is premised on our recognition of the relationship of Tao with our Self, our Kapwa, Nature, and the Creator.

We, Albularyo and Manghihilot, recognize the purity of our Inner Self. Maintaining inner purity is the key to true health. This is the source of our capacity to heal our kapwa and contribute to the common good. We recognize our capabilities and our weaknesses in all humility and honesty. It is our duty to continuously further ourselves, not only in terms of knowledge but also in terms of inner development.



CODE OF ETHICS OF MANGHIHILOT & ALBULARYO PHILIPPINE TRADITIONAL MEDICINE

We recognize the Power of the Divine Creator, the Source of all things.

All that have been healed as a consequence of our work is our debt to the One, and we accept all that help that we have been given.

We recognize the purity of Nature, whom we consider our caring Mother and the source of our nourishment. We live in her bosom, and from her fruits we obtain medicines for the sick. It is only proper that we protect her treasures and maintain her purity.



CODE OF ETHICS OF MANGHIHILOT & ALBULARYO

PHILIPPINE TRADITIONAL MEDICINE

We recognize our relationship with our fellow Tao and fellow Spirits, seen or unseen, with whom we journey in this world.

- Our Teachers, like our parents, have guided us and planted the seeds of knowledge of Hilot in our hearts and minds. They are held in gratitude and respect, and we hold in trust the knowledge they have bestowed on us.
- Our fellow Manghihilot and Albularyo are our brothers and sisters in arms. Together, we maintain the proper decorum and good reputation of the members of our professional organization.



CODE OF ETHICS OF MANGHIHILOT & ALBULARYO

PHILIPPINE TRADITIONAL MEDICINE

- We respect our fellow healers as our colleagues in keeping our communities in good health.
- Our patients and their kin are our Kapwa, they have been sent to us for help. We shall give them knowledge of their ailments. We recognise their right to decide on what is best for them; we respect the secrets they have entrusted to us in confidence; and we protect their dignity as persons, for our role is to help them and not to exploit them in their need.



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PHILIPPINE TRADITIONAL MEDICINE

Pledge (Summary of Ethical Duties)

As a (Manghihilot/Hilot Practitioner/Albularyo), I solemnly pledge to embody the essence of Hilot and to use my knowledge and skills for the benefit of all. I shall strive to:

- Perform my work with dignity and conscience;
- Maintain health and cleanliness in body, mind, and heart;
- Preserve and protect Mother Nature;



CODE OF ETHICS OF MANGHIHILOT & ALBULARYO PHILIPPINE TRADITIONAL MEDICINE

- Respect my teachers and fellow healers;
- Uphold the well-being and rights of my patients and clients;
- And raise the stature of Hilot in my thoughts, words, and actions.

All work is our sacred duty and in accordance to the will of the Creator.

